

PE Curriculum Map

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
YEAR 3	Games	Swimming –Confidence in water –Basic Skills Football – Foot eye coordination – Passing and receiving Netball – Small side games – Passing and receiving	Swimming –Confidence in water –Basic Skills Football – Foot eye coordination – Passing and receiving Netball – Small side games – Passing and receiving	Swimming –Confidence in water –Basic Skills Tag Rugby – Foot eye coordination – Passing and receiving Floorball –Stick skills – Small side games	Swimming –Confidence in water –Basic Skills Tag Rugby – Foot eye coordination – Passing and receiving Floorball –Stick skills –Small side games	Swimming –Develop confidence Cricket –Basic skills –Small side games Tennis – Pickleball – Racket skills – Hand eye coordination Athletics –Conditioning –Running, jumping, and Throwing	Swimming –Develop confidence Cricket –Basic skills –Small side games Tennis – Pickleball – Racket skills – Hand eye coordination Athletics –Conditioning –Running, jumping, and Throwing
	PE	Foundation skills Pre-sports games – Balance and Agility – Self-awareness – Proprioception – Ball skills	Foundation skills Pre-sports games – Team play – Self-awareness – Proprioception – Ball skills	Hockey – Floorball – Balance – Hand eye coordination – Stick handling – Spatial awareness	Athletics – Physical conditioning – Running, jumping, and Throwing – Proprioception – Self-awareness	Athletics – Physical conditioning – Running, jumping, and Throwing – Proprioception – Self-awareness	Cricket – Throwing and catching – Batting – Fielding – Bowling – Hand eye coordination
		Extra Events: – Pupils will have the chance of playing fixtures throughout the year facing other schools in a vast range of sports. – There are in lesson competitions which will help students developing a competitive side, essential for their development as individuals and athletes. – There will be various house competitions organized during break times throughout the year to develop teamwork and cooperation between students. – Physical Education lessons are planned in cooperation with the OT department which means we cater for all the needs and abilities within the groups.					

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		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
YEAR 4	Games	Swimming –Confidence in water –Basic Skills Football – Foot eye coordination – Passing and receiving Netball – Small side games – Passing and receiving	Swimming –Confidence in water –Basic Skills Football – Foot eye coordination – Passing and receiving Netball – Small side games – Passing and receiving	Swimming –Confidence in water –Basic Skills Tag Rugby – Foot eye coordination – Passing and receiving Floorball –Stick skills – Small side games	Swimming –Confidence in water –Basic Skills Tag Rugby – Foot eye coordination – Passing and receiving Floorball –Stick skills –Small side games	Swimming –Develop confidence Cricket –Basic skills –Small side games Tennis – Pickleball – Racket skills – Hand eye coordination Athletics –Conditioning –Running, jumping, and Throwing	Swimming –Develop confidence Cricket –Basic skills –Small side games Tennis – Pickleball – Racket skills – Hand eye coordination Athletics –Conditioning –Running, jumping, and Throwing
	PE	Foundation skills Pre-sports games – Balance and Agility – Self-awareness – Proprioception – Ball skills	Foundation skills Pre-sports games – Team play – Self-awareness – Proprioception – Ball skills	Hockey – Floorball – Balance – Hand eye coordination – Stick handling – Spatial awareness	Athletics – Physical conditioning – Running, jumping, and Throwing – Proprioception – Self-awareness	Athletics – Physical conditioning – Running, jumping, and Throwing – Proprioception – Self-awareness	Cricket – Throwing and catching – Batting – Fielding – Bowling – Hand eye coordination
Extra Events: – Pupils will have the chance of playing fixtures throughout the year facing other schools in a vast range of sports. – There are in lesson competitions which will help students developing a competitive side, essential for their development as individuals and athletes. – There will be various house competitions organized during break times throughout the year to develop teamwork and cooperation between students. – Physical Education lessons are planned in cooperation with the OT department which means we cater for all the needs and abilities within the groups.							

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		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
YEAR 5	Games	Swimming –Confidence in water –Basic Skills Football – Foot eye coordination – Passing and receiving Netball – Small side games – Passing and receiving	Swimming –Confidence in water –Basic Skills Football – Foot eye coordination – Passing and receiving Netball – Small side games – Passing and receiving	Swimming –Confidence in water –Basic Skills Tag Rugby – Foot eye coordination – Passing and receiving Floorball –Stick skills – Small side games	Swimming –Confidence in water –Basic Skills Tag Rugby – Foot eye coordination – Passing and receiving Floorball –Stick skills –Small side games	Swimming –Develop confidence Cricket –Basic skills –Small side games Tennis – Pickleball – Racket skills – Hand eye coordination Athletics –Conditioning –Running, jumping, and Throwing	Swimming –Develop confidence Cricket –Basic skills –Small side games Tennis – Pickleball – Racket skills – Hand eye coordination Athletics –Conditioning –Running, jumping, and Throwing
	PE	Foundation skills Pre-sports games – Balance and Agility – Self-awareness – Proprioception – Ball skills	Foundation skills Pre-sports games – Team play – Self-awareness – Proprioception – Ball skills	Hockey – Floorball – Balance – Hand eye coordination – Stick handling – Spatial awareness	Athletics – Physical conditioning – Running, jumping, and Throwing – Proprioception – Self-awareness	Athletics – Physical conditioning – Running, jumping, and Throwing – Proprioception – Self-awareness	Cricket – Throwing and catching – Batting – Fielding – Bowling – Hand eye coordination
Extra Events: – Pupils will have the chance of playing fixtures throughout the year facing other schools in a vast range of sports. – There are in lesson competitions which will help students developing a competitive side, essential for their development as individuals and athletes. – There will be various house competitions organized during break times throughout the year to develop teamwork and cooperation between students. – Physical Education lessons are planned in cooperation with the OT department which means we cater for all the needs and abilities within the groups.							

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		<i>Autumn 1</i>	<i>Autumn 2</i>	<i>Spring 1</i>	<i>Spring 2</i>	<i>Summer 1</i>	<i>Summer 2</i>
YEAR 6	Games	Swimming –Confidence in water –Basic Skills Football – Foot eye coordination – Passing and receiving Netball – Small side games – Passing and receiving	Swimming –Confidence in water –Basic Skills Football – Foot eye coordination – Passing and receiving Netball – Small side games – Passing and receiving	Swimming –Confidence in water –Basic Skills Tag Rugby – Foot eye coordination – Passing and receiving Floorball –Stick skills – Small side games	Swimming –Confidence in water –Basic Skills Tag Rugby – Foot eye coordination – Passing and receiving Floorball –Stick skills –Small side games	Swimming –Develop confidence Cricket –Basic skills –Small side games Tennis – Pickleball – Racket skills – Hand eye coordination Athletics –Conditioning –Running, jumping, and Throwing	Swimming –Develop confidence Cricket –Basic skills –Small side games Tennis – Pickleball – Racket skills – Hand eye coordination Athletics –Conditioning –Running, jumping, and Throwing
	PE	Foundation skills Pre-sports games – Balance and Agility – Self-awareness – Proprioception – Ball skills	Foundation skills Pre-sports games – Team play – Self-awareness – Proprioception – Ball skills	Hockey – Floorball – Balance – Hand eye coordination – Stick handling – Spatial awareness	Athletics – Physical conditioning – Running, jumping, and Throwing – Proprioception – Self-awareness	Athletics – Physical conditioning – Running, jumping, and Throwing – Proprioception – Self-awareness	Cricket – Throwing and catching – Batting – Fielding – Bowling – Hand eye coordination
Extra Events: – Pupils will have the chance of playing fixtures throughout the year facing other schools in a vast range of sports. – There are in lesson competitions which will help students developing a competitive side, essential for their development as individuals and athletes. – There will be various house competitions organized during break times throughout the year to develop teamwork and cooperation between students. – Physical Education lessons are planned in cooperation with the OT department which means we cater for all the needs and abilities within the groups.							

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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
YEAR 7	Games -Small side games -Formal game -Complex tactical awareness Netball -Formal game -Complex decision making Basketball -Small side games -Individual skills -Formal game Boxing -General body coordination -Self-awareness -Conditioning	Football -Small side games -Formal game -Complex tactical awareness Netball -Formal game -Complex decision making Basketball -Small side games -Individual skills -Formal game Boxing -General body coordination -Self-awareness -Conditioning	Tag Rugby -Complex tactical awareness -formal game Hockey – Floorball -Counter attacking -Positional defence -Formal game Tennis – Pickleball -Racket skills -Formal game Boxing -General body coordination -Self-awareness - Conditioning	Tag Rugby -Complex tactical awareness -formal game Hockey – Floorball -Counter attacking -Positional defence -Positional attack -Formal game Tennis – Pickleball -Racket skills -Formal game Boxing -General body coordination -Self-awareness -Conditioning	Cricket/Rounders -Bowling and Batting -Fielding -Formal game Athletics -Sprinting -Throwing -Medium to long distance running Tennis – Badminton -Racket skills -Formal game Pickleball - Racket skills - Footwork - Hand eye coordination	Cricket/Rounders -Bowling and Batting -Fielding -Formal game Athletics -Sprinting -Throwing -Medium to long distance running Tennis – Badminton -Racket skills -Formal game Pickleball - Racket skills - Footwork - Hand eye coordination
	PE -Tactical awareness -Decision making -Formal game	Netball -Tactical combinations -Marking -Decision making -Formal game	Tag Rugby -Drag opposition -Complex tactical movements -Formal game	Hockey -Stick handling -Finishing -Create own opportunities	Cricket -Bowling and Batting -Decision making -Fielding -Small side game	Rounders -Bowling and Batting -Fielding -Small side game
	<ul style="list-style-type: none"> - Pupils will have the chance of playing fixtures throughout the year facing other schools in a vast range of sports. - There are in lesson competitions which will help students developing a competitive side, essential for their development as individuals. - Various house competitions will be organized during break times throughout the year to develop student teamwork and cooperation to develop teamwork and cooperation between students. - Physical Education lessons are planned in cooperation with the OT department which means we cater for all the needs and abilities within the groups. 					

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		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
YEAR 8	Games	Football -Small side games -Formal game -Complex tactical awareness Netball -Formal game -Complex decision making Basketball -Small side games -Individual skills -Formal game Boxing -General body coordination -Self-awareness -Conditioning	Football -Small side games -Formal game -Complex tactical awareness Netball -Formal game -Complex decision making Basketball -Small side games -Individual skills -Formal game Boxing -General body coordination -Self-awareness -Conditioning	Tag Rugby -Complex tactical awareness -formal game Hockey – Floorball -Counter attacking -Positional defence -Positional attack -Formal game Tennis – Pickleball -Racket skills -Formal game Boxing -General body coordination -Self-awareness - Conditioning	Tag Rugby -Complex tactical awareness -formal game Hockey – Floorball -Counter attacking -Positional defence -Positional attack -Formal game Tennis – Pickleball -Racket skills -Formal game Boxing -General body coordination -Self-awareness -Conditioning	Cricket/Rounders -Bowling and Batting -Fielding -Formal game Athletics -Sprinting -Throwing -Medium to long distance running Tennis – Badminton -Racket skills -Formal game Pickleball - Racket skills - Footwork - Hand eye coordination	Cricket/Rounders -Bowling and Batting -Fielding -Formal game Athletics -Sprinting -Throwing -Medium to long distance running Tennis – Badminton -Racket skills -Formal game Pickleball - Racket skills - Footwork - Hand eye coordination
	PE	Football -Tactical awareness -Decision making -Formal game	Netball -Tactical combinations -Marking -Formal game	Tag Rugby -Drag opposition -Complex tactical movements -Formal game	Hockey -Stick handling -Finishing -Create own opportunities	Cricket -Bowling and Batting -Decision making -Fielding -Small side game	Rounders -Bowling and Batting -Fielding -Small side game
		<ul style="list-style-type: none"> - Pupils will have the chance of playing fixtures throughout the year facing other schools in a vast range of sports. - There are in lesson competitions which will help students developing a competitive side, essential for their development as individuals. - Various house competitions will be organized during break times throughout the year to develop student teamwork and cooperation to develop teamwork and cooperation between students. - Physical Education lessons are planned in cooperation with the OT department which means we cater for all the needs and abilities within the groups. 					

YEAR 9

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Games	Football -Decision making -Small side games -Formal game Netball -Individual skills -Formal game Boxing -General body coordination -Self-awareness -Conditioning Basketball -Formal game Tennis -Introduction -Formal game Gym -Conditioning	Football -Decision making -Small side games -Formal game Netball -Individual skills -Formal game Boxing -General body coordination -Self-awareness -Conditioning Basketball -Formal game Tennis -Introduction -Formal game Gym -Conditioning	Tag Rugby -Carrying and passing -Pass timing -1v1, 2v2, 3v3 -Formal game Boxing -General body coordination -Self-awareness -Conditioning Basketball -Formal game Tennis - pickleball -Introduction -Formal game Gym -Conditioning	Tag Rugby -Carrying and passing -Pass timing -1v1, 2v2, 3v3 -Formal game Boxing -General body coordination -Self-awareness -Conditioning Basketball -Formal game Tennis - pickleball -Introduction -Formal game Gym -Conditioning	Cricket -Bowling and Batting -Formal game Athletics -Throwing -Running Boxing -General body coordination -Self-awareness -Conditioning Basketball -Formal game Tennis - Badminton -Introduction -Formal game Gym -Conditioning	Cricket -Bowling and Batting -Formal game Athletics -Throwing -Running Boxing -General body coordination -Self-awareness -Conditioning Basketball -Formal game Tennis - Badminton -Introduction -Formal game Gym -Conditioning
PE	Football -Awareness -Drag opposition -Create own opportunities -Decision making -Formal game	Netball -Complex tactical combinations -Marking -Complex decision making -Formal game	Tag Rugby -Drag opposition -Complex tactical movements -Formal game	Hockey - Floorball -Stick handling -Complex tactical awareness -Finishing -Create own opportunities	Cricket -Bowling and Batting -Decision making -Fielding and Keeping -Formal game	Racket sports -Tennis -Pickleball -Badminton -Racket skills -Formal game

- Pupils will have the chance of playing fixtures throughout the year facing other schools in a vast range of sports.
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- Physical Education lessons are planned in cooperation with the OT department which means we cater for all the needs and abilities within the groups.							
YEAR 10		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Games	Football -Complex tactical awareness -Create own opportunities Boxing -General body coordination -Self-awareness -Conditioning	Football -Complex tactical awareness -Create own opportunities Boxing -General body coordination -Self-awareness -Conditioning	Tag Rugby -Carrying and passing -Pass timing -1v1, 2v2, 3v3 -Formal game Boxing -General body coordination -Self-awareness -Conditioning	Tag Rugby -Carrying and passing -Pass timing -1v1, 2v2, 3v3 -Formal game Boxing -General body coordination -Self-awareness -Conditioning	Cricket -Bowling and Batting -Decision making -Fielding -Small side game Athletics -Throwing -Sprinting -Running Boxing -General body coordination -Self-awareness -Conditioning	Cricket -Bowling and Batting -Decision making -Fielding -Small side game Athletics -Throwing -Sprinting Boxing -General body coordination -Self-awareness -Conditioning
	PE	Football -Tactical awareness -Drag opposition -Create own opportunities -Complex decision making -Formal game	Netball -Complex tactical combinations -Marking -Complex decision making -Formal game	Tag Rugby -Drag opposition -Complex tactical movements -Formal game	Hockey - Floorball -Stick handling -Complex tactical awareness -Finishing -Create own opportunities	Cricket -Bowling and Batting -Decision making -Fielding and Keeping -Formal game	Tennis - Pickleball -Bowling and Batting -Fielding -Small side game -Formal game
- Pupils will have the chance of playing fixtures throughout the year facing other schools in a vast range of sports. - There are in lesson competitions which will help students developing a competitive side, essential for their development as individuals and athletes. - There will be various house competitions organized during break times throughout the year to develop teamwork and cooperation between students.							

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PHYSICAL EDUCATION							
YEAR 11		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Games	Football -Complex tactical awareness -Create own opportunities -Complex decision making Boxing -General body coordination -Self-awareness -Conditioning	Football -Complex tactical awareness -Create own opportunities -Complex decision making Boxing -General body coordination -Self-awareness -Conditioning	Tag Rugby -Carrying and passing -Pass timing -1v1, 2v2, 3v3 -Formal game Boxing -General body coordination -Self-awareness -Conditioning	Tag Rugby -Carrying and passing -Pass timing -1v1, 2v2, 3v3 -Formal game Boxing -General body coordination -Self-awareness -Conditioning	Cricket -Bowling and Batting -Decision making -Fielding -Small side game Athletics -Throwing -Sprinting -Running Boxing -General body coordination -Self-awareness -Conditioning	Cricket -Bowling and Batting -Decision making -Fielding -Small side game Athletics -Throwing -Sprinting Boxing -General body coordination -Self-awareness -Conditioning
	PE	Football -Tactical awareness -Drag opposition -Create own opportunities -Complex decision making -Formal game	Netball -Complex tactical combinations -Marking -Complex decision making -Formal game	Tag Rugby -Drag opposition -Complex tactical movements -Formal game	Hockey - Floorball -Stick handling -Complex tactical awareness -Finishing -Create own opportunities	Cricket -Bowling and Batting -Decision making -Fielding and Keeping -Formal game	Tennis - Pickleball -Bowling and Batting -Fielding -Small side game -Formal game
- Pupils will have the chance of playing fixtures throughout the year facing other schools in a vast range of sports.							

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