

Fairley  
House



# RSHE Consultation Fairley House School Parents and Carers

Relationships, Sex & Health Education (RSHE)

# WHAT ARE THE CURRICULUM CHANGES?

These subjects are now compulsory in all schools;

- **Health Education in primary and secondary**
- **Relationships Education in primary**
- **Relationships and Sex Education (RSE) in secondary**

**Relationships  
Education,  
Relationships and  
Sex Education (RSE)  
and Health Education**

Statutory guidance for governing bodies,  
proprietors, head teachers, principals, senior  
leadership teams, teachers

# WHAT IS RSE (RELATIONSHIP & SEX EDUCATION)?

*“Learning about physical, moral and emotional development. It is about understanding the importance of marriage for family life, stable and loving relationships, respect, love and care.”*

DfE Guidance SRE 0116/2000

“A comprehensive programme of RSE provides accurate information about the body, reproduction, sex and sexual health. It gives children and young people essential skills for building positive, enjoyable, respectful and non-exploitative relationships and staying safe both on and offline.”

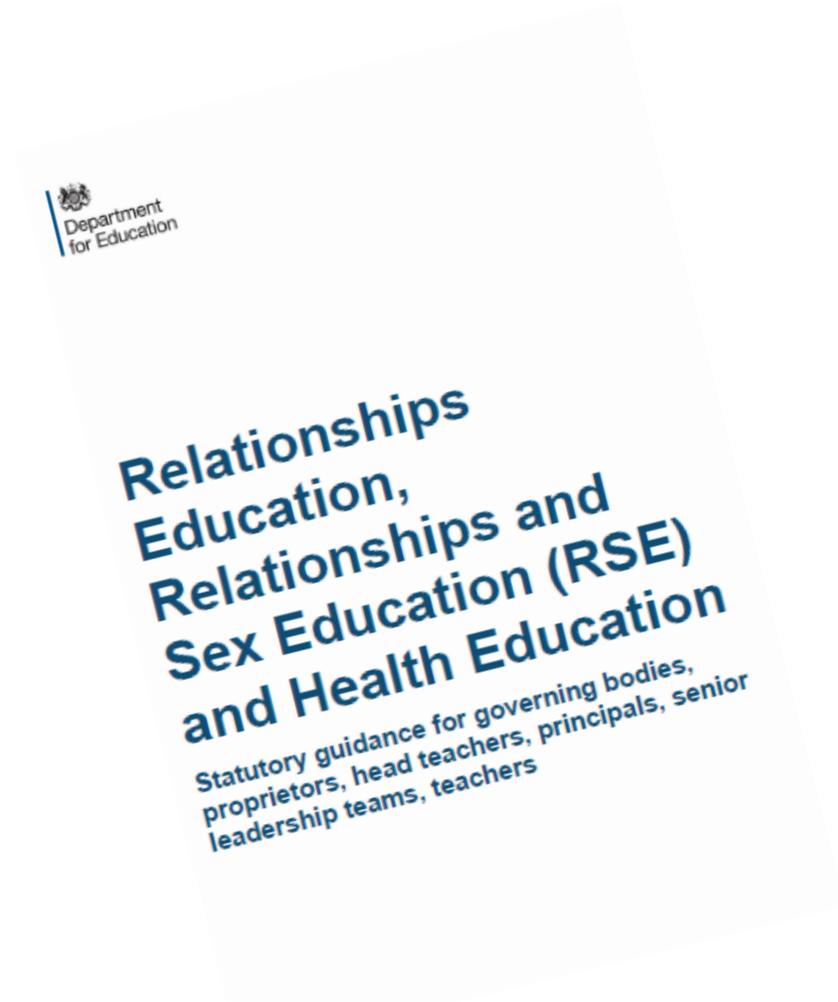
*RSE for 21 St Century 2014 Supplementary Guidance to DfEE guidance*

# WHAT DOES THE GOVERNMENT SAY IS THE AIM OF RELATIONSHIPS EDUCATION?

Today's children and young people are growing up in an increasingly complex world and living their lives seamlessly on and offline....children and young people need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way'

DfE Guidance on Relationships Education, Sex Education and Health Education 2019

# WHAT ARE THE EXPECTATIONS FOR PRIMARY HEALTH EDUCATION?



Mental wellbeing

Internet safety and harms

Physical health and fitness

Healthy eating

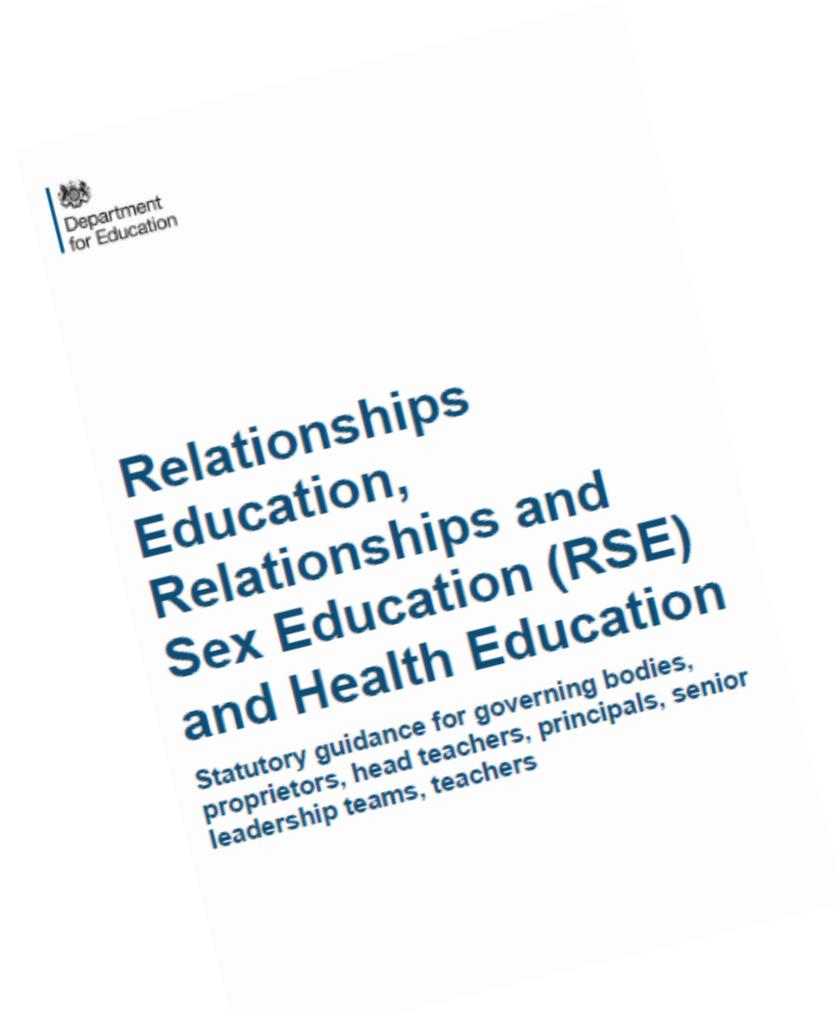
Drugs, alcohol and tobacco

Health and prevention

Basic First Aid

**Changing adolescent body**

# WHAT ARE THE EXPECTATIONS FOR PRIMARY RELATIONSHIP EDUCATION?



Families and people who care for me

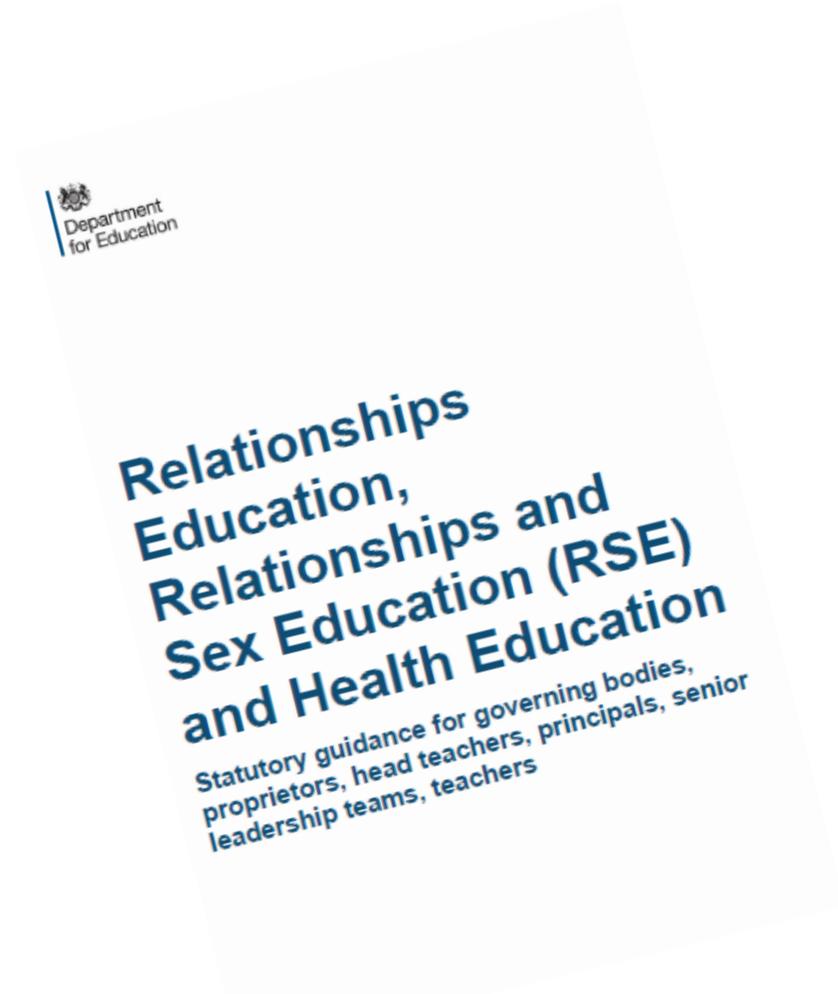
Caring friendships

Respectful relationships

Online relationships

Being safe

# WHAT ARE THE EXPECTATIONS FOR **SECONDARY** HEALTH EDUCATION?



Mental wellbeing

Internet safety and harms

Physical health and fitness

Healthy eating

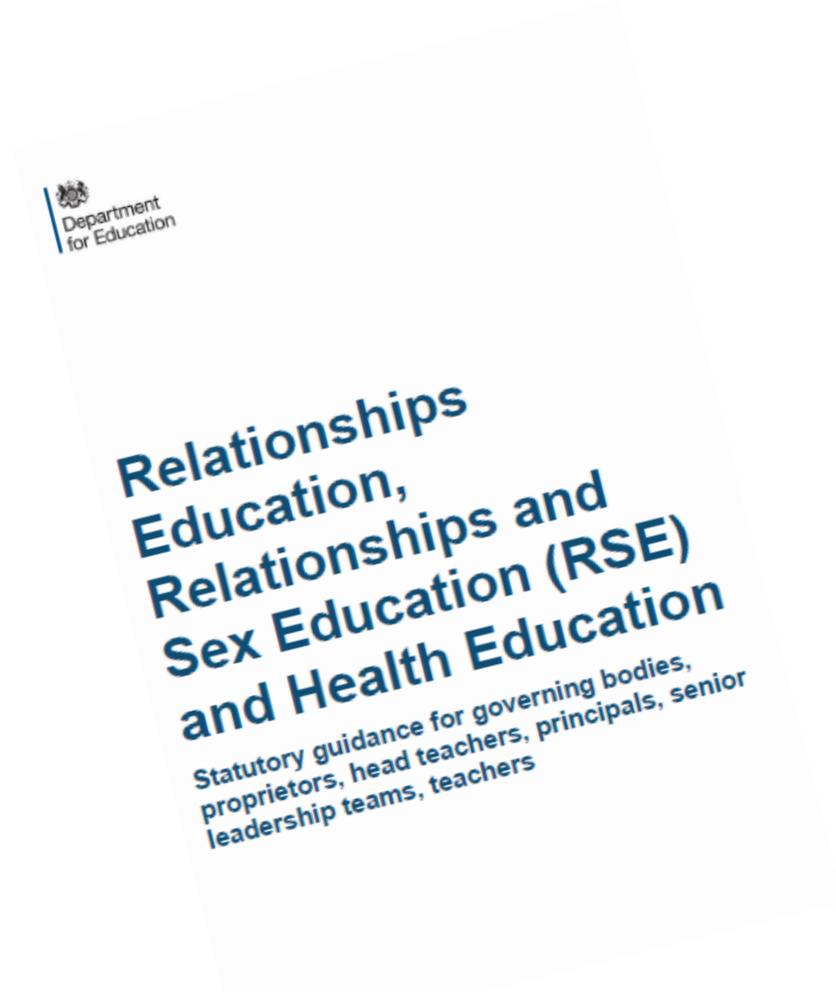
Drugs, alcohol and tobacco

Health and prevention

Basic first aid

Changing adolescent body

# WHAT ARE THE EXPECTATIONS FOR SECONDARY RELATIONSHIP EDUCATION?



Families

Respectful relationships, including friendships

Online media

Being safe

Intimate and sexual relationships, including sexual health

# CHANGING ADOLESCENT BODY

**By the end of **primary** school, pupils should know:**

key facts about puberty and the changing adolescent body, particularly from age 9 through to age 11, including physical and emotional changes

**By the end of **secondary** school, pupils should know:**

- key facts about puberty and the changing adolescent body
- the main changes which take place in males and females, and the implications for emotional and physical health.

SEX  
EDUCATION IS  
DISCRETIONARY  
AT  
PRIMARY...WHAT  
EXACTLY DOES  
THE GUIDANCE  
SAY?

The Department continues to **recommend** that **all** primary schools should have a sex education programme tailored to the age and physical and emotional maturity of the pupils...drawing on knowledge of the human life cycle set out in National Curriculum Science- how a baby is conceived and born'

# NATIONAL CURRICULUM FOR SCIENCE

Maintained schools are required to teach the national curriculum for science.

At **Key Stage 1 and 2** this includes teaching about the main external body parts and changes to the human body as it grows from birth to old age, including puberty.

At **Key Stage 3 and 4** this includes teaching about reproduction in humans, for example the structure and function of the male and female reproductive systems, menstrual cycles, gametes, fertilisation, gestation, birth and HIV/AIDS.

There is **no right to withdraw** from the Science national curriculum

DO  
SCHOOLS  
HAVE A  
CHOICE?

After April 2021,

Legally:

1. Schools MUST teach the Science curriculum
2. The DfE guidance 2019 states that Relationships and Health Education (including changing adolescent body) are **compulsory**

Plus

a 'recommendation' that all schools have a Sex Education Programme

How schools do this is left up to them.

# IS THIS VERY DIFFERENT TO WHAT WE OFFER NOW?

Our comprehensive PSHE already covers most of the topics that will become statutory;

- healthy eating
- physical activity
- drugs, alcohol and tobacco education
- sex and relationships education
- safety (including bullying and online safety)
- mental health and wellbeing

We will need to teach about basic first aid and more about online friendships and manners and courtesy.

# YOUR RIGHTS AS A PARENT:

- To be informed of the RSE curriculum and policy
- To be consulted about changes to these
- To withdraw your child from Sex Education lessons (***that are outside of/ additional to the Science National Curriculum***)

# So what next?

As a school we are consulting with you about our proposed policy for RSE.

The policy can be found on our school website under RSE in the Curriculum Section

The government guidance about RSE can also be found on our website. I would encourage you to read the guidance as well as our policy.

We invite all parents and carers to submit comments and questions regarding our the RSE curriculum by Wednesday 16<sup>th</sup> May. If you wish to make submit a comment or query please contact us via

Causton street parents; [heather.smith@fairleyhouse.org.uk](mailto:heather.smith@fairleyhouse.org.uk)

Lambeth Road parents; [rg@fairleyhouse.org.uk](mailto:rg@fairleyhouse.org.uk)