

Fairley House School

Week 1 Lunch Menu

Monday

Shepherd's Pie

Penne Arrabiatta

Freshly Filled Sandwiches and Baguettes

Parsley New Potatoes

Fine Green Beans
Fresh Cauliflower

Salad Selection

Wholemeal Apple Crumble served with Custard Sauce

Fresh Fruit Platter

Fruit Yoghurt

Tuesday

Roast Beef with Gravy

Macaroni Cheese

Freshly Filled Sandwiches and Baguettes

Roast Potatoes

Fresh Broccoli
Fresh Swede

Salad Selection

Fresh Fruit Selection

Fruit Smoothie

Wednesday

Jerk Chicken

Caribbean Fish

Jacket Potato with a Choice of Fillings

Steamed Basmati Rice

Coleslaw
Braised Cabbage with Courgettes

Salad Selection

Chocolate and Apple Sponge served with Chocolate Sauce

Fresh Fruit Platter

Fruit Yoghurt

Thursday

Pizza Margherita

Seasoned Baked Salmon

Freshly Filled Sandwiches and Baguettes

Garlic and Herb Potatoes

Baked Beans
Citrus Carrots

Salad Selection

Fresh Fruit Selection

Fruit Smoothie

Friday

BBQ Chicken

African Bean Stew

Freshly Filled Sandwiches and Baguettes

Mexican Wedges

Mixed Mediterranean Vegetables

Salad Selection

Raspberry Ripple Ice Cream with Fresh Fruit Coulis

Fresh Fruit Platter

Fruit Yoghurt

Fairley House School

Week 2 Lunch Menu

Monday

Steak Pie with Gravy

Linguine with Pesto and
Parmesan

Freshly Filled Sandwiches and
Baguettes

New Potatoes in Garlic and
Herbs

Citrus Carrots
Braised Cabbage

Salad Selection

Fresh Fruit Selection

Fruit Smoothie

Tuesday

Bombay Chicken

Chick Pea with Spinach and
Butternut Squash

Freshly Filled Sandwiches and
Baguettes

Steamed Basmati Rice

Fresh Cauliflower with Mange
Tout

Salad Selection

Chocolate and Pear Sponge
served with Chocolate Sauce

Fresh Fruit Platter

Fruit Yoghurt

Wednesday

Meatballs in Tomato Sauce

Vegetable Bolognaise

Freshly Filled Sandwiches and
Baguettes

Spaghetti/Penne

Fresh Vegetable Medley

Salad Selection

Canadian Gingerbread served
with Vanilla Sauce

Fresh Fruit Platter

Fruit Yoghurt

Thursday

Blackened Cajun Chicken

Pan Fried Tilapia

Jacket Potato with a Choice of
Fillings

Jollof Rice

Roasted Butternut Squash
Fresh Broccoli

Salad Selection

Apple Flapjack served with
Custard Sauce

Fresh Fruit Platter

Fruit Yoghurt

Friday

Baked Chicken Sausages

Cheddar and Three Onion
Quiche

Freshly Filled Sandwiches and
Baguettes

Creamed Potatoes

Sweetcorn with
Garden Peas

Salad Selection

Orange Jelly with Mandarins
and Ice Cream

Fresh Fruit Platter

Fruit Smoothie

Fairley House School

Week 3 Lunch Menu

Monday

Beef Keema

Pasta Neapolitan

Freshly Filled Sandwiches and Baguettes

Steamed Basmati Rice

Garden Peas, Mange Tout and Cauliflower Mix

Salad Selection

Chocolate Brownie with Chocolate Sauce

Fresh Fruit Platter

Fruit Smoothie

Tuesday

Beef Lasagne

Vegetarian Meatballs with Pasta

Freshly Filled Sandwiches and Baguettes

Parsley New Potatoes

Fresh Broccoli
Citrus Carrots

Salad Selection

Chocolate Brownie with Chocolate Sauce

Fresh Fruit Platter

Fruit Yoghurt

Wednesday

Schezwan Chicken

Oriental Stir Fry with Noodles

Freshly Filled Sandwiches and Baguettes

Egg Fried Rice

Fine Green Beans
Sweetcorn

Salad Selection

Wholemeal Lemon Sponge served with Custard Sauce

Fresh Fruit Platter

Fruit Yoghurt

Thursday

Battered Fish Fillet

Cheese and Potato Pinwheel

Freshly Filled Sandwiches and Baguettes

Chunky Chips

Baked Beans
Garden Peas

Salad Selection

Fruited Carrot Cake

Fresh Fruit Platter

Fruit Yoghurt

Friday

Roast Chicken

Tuna and Sweetcorn Wrap

Jacket Potato with a Choice of Fillings

Roast Potatoes

Braised Savoy Cabbage
Roasted Parsnips

Salad Selection

Cheese and Biscuits

Fresh Fruit Platter

Fruit Smoothie