

# The Fairley Flyer

Fairley House



## ROCK BRAIN IS ON THE LOOSE....

HE WANTS TO SNEAK INTO YOUR BRAIN AND STOP YOU FROM SOLVING PROBLEMS EFFECTIVELY!

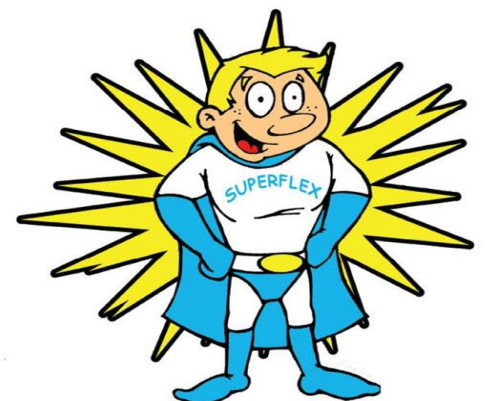


### You may find yourself:

- Getting stuck on what you want to do
- Bossing other people around to do it your way
- Following rules too rigidly and getting upset with changes
- Trying 1 solution that's not working over and over again

### Can you use your **SUPER-FLEXIBLE THINKING** to defeat him?

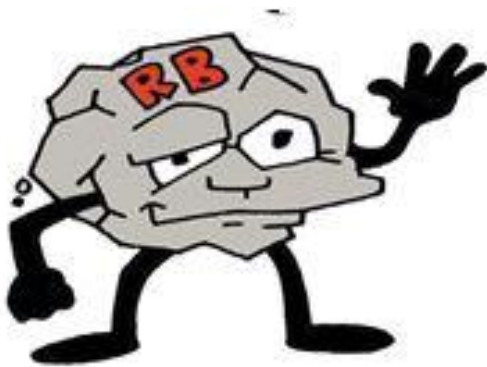
- Breathe deeply and remind yourself that being part of a group means you can't always do things your way.
- Use self-talk: "No problem, I'll get a chance next time"
- Think: "What are all the other ways I could solve this problem?"
- Try to deal with change by asking yourself: "What is that person's plan?" See if you can match it.



What's been happening this week at Fairley House...

## **ROCK BRAIN!**

On Friday the 8<sup>th</sup> of January, Lambeth Road was visited by an un-thinkable villain called ROCK BRAIN who has been sneaking into the brains of teachers and staff and trying to take over the way we think! He makes us think only about ourselves without noticing what is going on around us and considering the thoughts and feelings of others.



Arthur and Loutfy did a brilliant job of showing us how Rock Brain can make us get **stuck** - insisting things have to be done our way (in a bossy manner) while struggling to think of lots of different ways that it could be done.

We might get stuck using I strategy to solve a problem over and over again, even when it's not working. Petr took a star role showing us how we might find it **hard** to deal with change when Rock Brain has taken over. He just **couldn't** put his book away in time to get ready for maths.

Luckily though, help was at hand and we were able to call on our social superhero SUPERFLEX to teach us his tricks for fighting off Rock Brain. This term, he has offered us weekly training sessions during PSHEE on Fridays.

These training sessions will help staff and children learn how to spot him when he is sneaking into someone's brain and what to do to think more flexibly.

Can you spot him hiding in your brain or maybe the brain of one of your family members?

## **SPECIAL ASSEMBLY AT CS**

On Friday 8<sup>th</sup> January the Senior School held a special assembly with guest speaker, Paralympian Ian Rose.



He spoke about his struggles and achievements he has had throughout his life. Winner of 2 Paralympic, 5 World Championship and 9 European Championship Medals, Ian is one of Great Britain's most successful **Paralympic Judoka**, retiring in 2011.



Ian was on course to represent Paralympics at his 6th Games in London, but due to an injury in training Ian called it a day, bringing to an end an International career spanning 22 years at the top. Ian now focuses on motivating and inspiring others to achieve their full potential.





## **YEAR 10 – HOUSES OF PARLIAMENT**

Y10 were fortunate enough to visit the Houses of Parliament on Monday for a guided tour and workshop.

The three sections of Parliament (Commons, Lords and Monarch) were visited and we started off entering through the Royal entrance used for the State Opening of Parliament and visited the Royal rooms – Gold was a dominant colour here representing the Queen and the Crown.

We then moved through to the House of Lords where Red was the main colour – but we were not allowed to sit on the red benches.

Finally we visited the House of Commons which is represented by Green. In our workshop we looked at different types of voting systems and how these can give different results – the main ones are Proportional Representation (like Germany) and First Past the Post (like UK).



At the end we met the MP for Cities of London and Westminster, Mark Field and were able to ask him questions about working in Parliament.

## **READING COMPETITION!!**

**The lead up to book week has begun!**

Enter the ‘**Get Caught Reading**’ competition to win a £10 iTunes voucher, which will be awarded to the most creative entry. The competition is open to **EVERYONE!** Staff, parents, and students.

**Where is your favourite or most unusual reading place?**

- A hammock?
- Under your bed?



*The only rule is – please no dangerous places!  
Reading, while great fun, is not an extreme sport.*

**Get Caught Reading not your thing?**

How about the ‘take a shelfie’ competition. Take a pic of your bookshelf at home to show others what your family likes to read. The prize is a £10 iTunes voucher, awarded to the most impressive book collection.



**All entries are due in by Friday 29<sup>th</sup> January 2016. Please email all digital photos to Ms Warrick: [aw@fairleyhouse.org.uk](mailto:aw@fairleyhouse.org.uk)**

All competitions will be judged anonymously by the student council and Ms Mitchell.

## **HOUSE CAPTAINS**

In the Friday assemblies this week we voted for the House Captains and Vice Captains. Here are the results:



### **LAMBETH ROAD**

#### **Churchill**

**Captain:** Jake Silvani

**Vice:** Loutfy El Gohary

#### **Oliver**

**Captain:** Rebecca Penrose

**Vice:** Theo Belton

#### **Da Vinci**

**Captain:** Bradley Bennett

**Vice:** Sophie Simmons

#### **Dahl**

**Captain:** Mateo Salinas

**Vice:** Noah Keller

### **CAUSTON STREET**

#### **Churchill**

**Captain:** Ian Quarles

**Vice:** George Potter

#### **Oliver**

**Captain:** William Knowles

**Vice:** August Sandsbo

#### **Da Vinci**

**Captain:** Jackson Adams

**Vice:** Rodrigo Souza

#### **Dahl**

**Captain:** Alex Gordon

**Vice:** Zain Wilkins

## **Junior Department Star Badges:**

### **Redgrave**

**Star of the Week** – Luke Albert

### **Bloom**

**Star of the Week** – Selena Yamen

### **Anderson**

**Star of the week** – Arlo Eliis-Burke

### **Ali**

**Star of the Week** – Lucien Ratcliffe

### **Carroll**

**Star of the Week** – Rex Murrell

### **Branson**

**Star of the Week** – Rebecca Penrose

### **Bailey**

**Star of the Week** – James Fletcher

### **Wright**

**Star of the Week** – August Ahlgvist

### **Knightly**

**Star of the Week** – Lailou Al-Chalabi

### **Bell**

**Star of the Week** – Oskar Van Der Heijden

## **Junior Department Top PHP Scorers**

This week's top credit scorers are:

1. Selena Yamen
2. Noah Keller
3. Loes Jakobs
4. Reece Mclsaac
5. Lucien Ratcliffe

## **Senior Department Top Credit Scorers**

This week's top credit scorers are:

1. Jessica Unwin
2. Alice Severina
3. Alexa Gray
4. Kaneu Cole
5. Sam Kay

## Reminders...

### **PUPIL DISMISSALS – ANY CHANGES?**

If there are any changes to how your child is to travel home, whether it be independently or collected by someone new, please do let Alison at Causton Street and Marsha at Lambeth Road know. (If informing via email please include Mr Taylor).

### **SCHOOL SHOP – UMBRELLAS!**

We still have umbrellas available - **The school council are selling these for just £10!**



If you would like to get your hands on one of our umbrellas please let Alison know, via email ([aw@fairleyhouse.org.uk](mailto:aw@fairleyhouse.org.uk)), and we can organise getting it to you.

**There will be more official Fairley House merchandise available soon so keep looking out for notices in the flyer.**

## Dates for the Diary...

### **Clubs Start**

**Tuesday 19<sup>th</sup> January**

Clubs begin on this date.

### **Year 7 – Trip (All day)**

**Wednesday 20<sup>th</sup> January**

Year 7 will visit the Natural History Museum. They will need to wear full school uniform please and a **packed lunch is required**. They will return in time for dismissal.

### **Year 4 – Trip (AM)**

**Wednesday 3<sup>rd</sup> February**

Year 4 will visit the mosque in Regents Park for the morning.

### **Year 5 – Trip (PM)**

**Wednesday 10<sup>th</sup> February**

Year 5 will visit the Neasden Mosque for the afternoon.

### **Year 7 – Trip**

**Wednesday 2 March**

Year 7 will visit the Sikh Gurdwara.

Leaving school after break and lunch will be provided by the temple. **Please can all year 7 girls bring a scarf to cover their hair**. Pupils will return in time for normal dismissal.

### **World Book Day**

**Thursday 3<sup>rd</sup> March**

To celebrate World Book Day there will be a Scholastics Book fair in the hall at Causton Street. Year 4 and 5 will go to CS during the morning to have a look through the selection of books and hopefully purchase some.

(CS pupils will attend on Friday 4<sup>th</sup> Feb).

### **Character Day (for World Book Day)**

**Friday 4<sup>th</sup> March**

All pupils and staff are encouraged to come to school dressed as a character from a book.